

460

Jessner Peel

Active Acne · Comedonal Acne · Inflammatory Acne · Oily Skin
Fitzpatrick I-IV — caution V

RLS-3J Resorcinol / Lactic / Salicylic

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30ML · ~24 APPLICATIONS

ENDPOINT — TREAT TO ENDPOINT, NOT TO THE CLOCK

Uniform pink erythema → light frost. Then neutralize.

5 MIN
MAX CONTACT

TIME	PROCEDURE	STOP — NEUTRALIZE
2 MIN	Prep Cleanse + degrease (PREP.01), air-dry. First session: patch test post-auricular, observe 10 min.	Abort on any of these, at any minute. NEUT.01 first, cold water second.
1 MIN	Apply Thin, even layer by fan brush. Avoid eyes, lips, nostrils. No layering.	Escalating burning or pain
3-5 MIN	Titrate Observe continuously to endpoint. Start low on first sessions; extend only with proven tolerance. Never exceed 5 minutes.	Deep-red erythema beyond the expected uniform pink
2 MIN	Neutralize NEUT.01 — every session, every zone. Cold water as secondary. Never let it self-neutralize.	Edema in the treated field
—	Finish Balm (REST.01) + SPF 50+ before the patient leaves. Hand over the aftercare card.	Urticaria or wheals
		Patient cannot tolerate it
		PROGRAM 4-6 sessions per course 30-35 days between sessions Allow 25-45 days between any peels, by strength and potency. Prime higher phototypes: 2 weeks topical retinoid.

DO NOT TREAT IF Re-verify every visit, not only the first.

- ✗ Active dermatitis, eczema or infection

✗ Topical retinoid within 72 hours

✗ Allergy to any listed active

✗ Sunburned / recent sun exposure
- ✗ Pregnancy or breastfeeding

✗ Broken skin / compromised barrier

✗ Laser / IPL within 2 weeks
- ✗ Oral isotretinoin within 6 months

✗ Keloid or hypertrophic scar history

✗ Active herpes simplex

PATIENT AFTERCARE

DAY 0	DAY 1-2	DAY 3-5	DAY 5-7	ONGOING
Keep clean. Balm only.	Moisturize 3-4x daily.	Peeling. Never pick.	Recovery. Makeup once shed.	Daily SPF 50+ . Actives: day 7.