

600

Stubborn Melasma

Treatment Di-Resistant Melasma · Multi-mechanism Approach · Failed Previous Tx
Fitzpatrick II–IV — avoid V–VI

PMK-5S Pyruvic / Mandelic / Beta Hydroxy / Kojic / TCA

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30ML · ~6-8 APPLICATIONS

ENDPOINT — A TCA-CLASS PEEL WORKS IN MINUTES, NOT HOURS

Light, even frost = endpoint. Neutralize on sight.

FROST NEUTRALIZE ON SIGHT

CAUTION

TCA-class peel — works in minutes. Never leave the patient unattended. Neutralize with NEUT.01 at the first sign of frost; cold water as secondary.

TIME	PROCEDURE
2 MIN	Prep Cleanse + degrease (PREP.01), air-dry. First session: patch test post-auricular, observe 10 min.
1 MIN	Apply Thin, even layer by fan brush. Avoid eyes, lips, nostrils. No layering.
FROST ENDPOINT	Monitor Monitor continuously from first contact. Endpoint is a light, even frost — expect it within minutes. High-potency: never leave unattended.
2 MIN	Neutralize NEUT.01 on frost — immediately. Cold water as secondary. Do not wait out the clock.
—	Finish Balm (REST.01) + SPF 50+ before the patient leaves. Hand over the aftercare card.

STOP — NEUTRALIZE

Abort on **any** of these, at any minute. NEUT.01 first, cold water second.

Escalating burning or pain

Deep-red erythema
beyond the expected uniform pink

Edema in the treated field

Urticaria or wheals

Patient cannot tolerate it

PROGRAM

3–4 sessions per course

35 days between sessions

Allow 25–45 days between any peels, by strength and potency. Prime higher phototypes: 2 weeks topical retinoid.

DO NOT TREAT IF Re-verify every visit, not only the first.

- ✗ Active dermatitis, eczema or infection

✗ Topical retinoid within 72 hours

✗ Allergy to any listed active

✗ Sunburned / recent sun exposure
- ✗ Pregnancy or breastfeeding

✗ Broken skin / compromised barrier

✗ Laser / IPL within 2 weeks
- ✗ Oral isotretinoin within 6 months

✗ Keloid or hypertrophic scar history

✗ Active herpes simplex

PATIENT AFTERCARE

DAY 0 Keep clean. Balm only.	DAY 1–2 Moisturize 3–4x daily.	DAY 3–5 Peeling. Never pick.	DAY 5–7 Recovery. Makeup once shed.	ONGOING Daily SPF 50+ . Actives: day 7.
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For professional use by trained practitioners only. Supports — does not replace — clinical judgment.
Obtain informed consent and baseline photographs. Expected downtime: 3-7 days.