

L80

Lactic Peel

Anti-Aging · Hydration · Brightening · Sensitive
Fitzpatrick I-IV — caution V

LA-80 Lactic

getprodermic.com/protocols/l80-lactic-peel CLICK TO OPEN THE PRODUCT PAGE



30ML

ENDPOINT — TREAT TO ENDPOINT, NOT TO THE CLOCK

Uniform pink erythema → light frost. Then neutralize.

5 MIN
MAX CONTACT

CAUTION High potency. Hard-timed contact — set a timer. Neutralize with NEUT.01; never let it self-neutralize.

TIME	PROCEDURE
2 MIN	Prep Cleanse + degrease (PREP.01), air-dry. First session: patch test post-auricular, observe 10 min.
1 MIN	Apply Thin, even layer by fan brush. Avoid eyes, lips, nostrils. No layering.
3–5 MIN	Titrate Observe continuously to endpoint. Start low on first sessions; extend only with proven tolerance. Never exceed 5 minutes.
2 MIN	Neutralize NEUT.01 — every session, every zone. Cold water as secondary. Never let it self-neutralize.
—	Finish Balm (REST.01) + SPF 50+ before the patient leaves. Hand over the aftercare card.

STOP — NEUTRALIZE

Abort on **any** of these, at any minute. NEUT.01 first, cold water second.

Escalating burning or pain

Deep-red erythema
beyond the expected uniform pink

Edema in the treated field

Urticaria or wheals

Patient cannot tolerate it

PROGRAM

4–6 sessions per course

35 days between sessions

Allow 25–45 days between any peels, by strength and potency. Prime higher phototypes: 2 weeks topical retinoid.

DO NOT TREAT IF Re-verify every visit, not only the first.

- ✗ Active dermatitis, eczema or infection

✗ Topical retinoid within 72 hours

✗ Allergy to any listed active

✗ Sunburned / recent sun exposure
- ✗ Pregnancy or breastfeeding

✗ Broken skin / compromised barrier

✗ Laser / IPL within 2 weeks
- ✗ Oral isotretinoin within 6 months

✗ Keloid or hypertrophic scar history

✗ Active herpes simplex

PATIENT AFTERCARE

DAY 0	DAY 1–2	DAY 3–5	DAY 5–7	ONGOING
Keep clean. Balm only.	Moisturize 3–4x daily.	Peeling. Never pick.	Recovery. Makeup once shed.	Daily SPF 50+ . Actives: day 7.